

RED, WHITE, AND BLUE-BERRY BREAKFAST PARFAIT

*You will need: sundae glasses or parfait glasses
Strawberries or raspberries
Blueberries
Yogurt (I like Yoplait vanilla)
Granola or other cereal
(I use Post Great Grains)*

In bottom of glass, layer about 1 TBSP red berries, followed by a spoonful of yogurt, then a tsp. of cereal. Repeat with another layer, this time with blueberries. (Use enough fruit to fill up the glasses)

This fruit dish looks really special and makes a great presentation. It works well with pineapple or mandarin orange sections, paired with a flavored yogurt.

*Favorite recipe from Carol Carlson
Bechtel Victorian Mansion Bed & Breakfast*